

Middle & High School Lunch Menu – March 2024

Monday	Tuesday	Wednesday	Thursday	Friday
<p>KCS School Nutrition offers a variety of fresh whole fruit or 100% fruit juice daily. Students may select up to two servings of fresh fruit offered daily.</p> <p>Sandwich Trimmings (4) offered with all sandwich choices</p>	<p>Approximate grams of Carbohydrates per serving is shown in parenthesis</p> <p>Mayfield Milk Choices - 1/2 pint serving White Skim (13) White 1% (13) Fat Free Chocolate (20)</p>			
				March 1st
				<p>Choose 1 Entrée Charbroiled Hamburger (1) or Cheeseburger (3) on WG Bun (27)</p> <p>WG Crunchy Fish Sticks (22) w/ WG Roll (32)</p> <p>WG Uncrustable PBJ (32) w/ Cheez-Its (14) & Cheese stick (1)</p> <p>Side Item Oven Baked Fries (14) Spinach Maria (16) Garden Salad (2) Baby Carrots (5)</p>
March 4 th	March 5 th	March 6 th	March 7 th	March 8 th
<p>Choose 1 Entrée Big Daddy's Cheese or Pepperoni Pizza (42)</p> <p>8 WG Chicken Nuggets (32) w/ WG Roll (32)</p> <p>WG Uncrustable PBJ (32) w/ Cheez-Its (14) & Cheese stick (1)</p> <p>Side Item Mashed Potatoes (17) w/ or w/o gravy (4) Sweet Green Peas (11) Caesar Salad (5) Baby Carrots (5)</p>	<p><i>Student Holiday</i></p>	<p>Choose 1 Entrée Teriyaki Chicken (10) Fried Rice Bowl (54)</p> <p>3 WG Max Cheese Sticks (48) w/ ¼ cup Marinara Dipping Sauce (3)</p> <p>WG Uncrustable PBJ(32) w/ Cheez-Its(14) & Cheese Stick(1)</p> <p>Side Item Sweet Yellow Corn (15) Fresh Steamed Broccoli w/ Cheese Sauce (5) Garden Salad (2) Baby Carrots (5)</p>	<p>Choose 1 Entrée Cheesy Chicken Nachos (32)</p> <p>Mini Chef w/ Turkey (4) w/ WG Roll (32)</p> <p>WG Uncrustable PBJ(32) w/ Cheez-Its(14) & Cheese Stick(1)</p> <p>Side Item Bush's Black Beans (30) Garden Salad (2) Veggie Nibbles (5)</p> <p>Dessert Chocolate Chip or Sugar Cookie (18)</p>	<p><i>Manager's Choice</i></p>

March 11 th	March 12 th	March 13 th	March 14	March 15 th
<i>Spring Break</i>	<i>Spring Break</i>	<i>Spring Break</i>	<i>Spring Break</i>	<i>Spring Break</i>
March 18 th	March 19 th	March 20 th	March 21 st	March 22 nd
<p><u>Choose 1 Entrée</u> Nardone's Cheese or Pepperoni Pizza (28) 8 WG Chicken Nuggets (32) w/ WG Roll (32) WG Uncrustable PBJ (32) w/ Cheez-Its (14) & Cheese stick (1)</p> <p><u>Side Item</u> Mashed Potatoes (17) w/ or w/o gravy (4) Sweet Yellow Corn (15) Caesar Salad (5) Baby Carrots (5)</p>	<p><u>Choose 1 Entrée</u> Hot & Spicy Bone-In Chicken (7) w/ WG Biscuit (27) Turkey & Cheese (2) on WG Bun (27) w/ RF Doritos (20) WG Uncrustable PBJ(32) w/ Cheez-Its(14) & Cheese Stick(1)</p> <p>Also available Homemade Macaroni & Cheese (24)</p> <p><u>Side Item</u> Green Beans (4) Garden Salad (2) Veggie Nibbles (5)</p>	<p><u>Choose 1 Entrée</u> Spaghetti (42) w/ or w/o Meat Sauce (10) & WG Roll (32) 4 Wild Mike Cheese Bites (28) WG Uncrustable PBJ(32) w/ Cheez-Its(14) & Cheese Stick(1)</p> <p><u>Side Item</u> California Blend Mixed Vegetables (5) Garden Salad (2) Baby Carrots (5)</p>	<p><u>Choose 1 Entrée</u> Breaded Chicken Parmesan w/ WG Roll (32) 6 Chicken & Vegetable Dumplings (31) Mini Chef w/ Ham (4) w/ WG Roll (32) WG Uncrustable PBJ (32) w/ Cheez-Its (14) & Cheese stick (1)</p> <p><u>Side Item</u> Curly Fries (25) Glazed Carrots (15) Garden Salad (2) Veggie Nibbles (5)</p> <p><u>Dessert</u> Cool Tropics Slush</p>	<p><u>Choose 1 Entrée</u> Charbroiled Hamburger (1) or Cheeseburger (3) on WG Bun (27) WG Crunchy Fish Sticks (22) w/ WG Roll (32) WG Uncrustable PBJ (32) w/ Cheez-Its (14) & Cheese stick (1)</p> <p><u>Side Item</u> Oven Baked Fries (14) Bush's Baked Beans (30) Garden Salad (2) Baby Carrots (5)</p>

March 25 th	March 26 th	March 27 th	March 28 th	March 29 th
<p><u>Choose 1 Entrée</u> Stuffed Crust Cheese or Pepperoni Pizza (31)</p> <p>8 WG Chicken Nuggets (32) w/ WG Roll (32)</p> <p>WG Uncrustable PBJ (32) w/ Cheez-Its (14) & Cheese stick (1)</p> <p><u>Side Item</u> Mashed Potatoes (17) w/ or w/o gravy (4) Sweet Yellow Corn (15) Caesar Salad (5) Baby Carrots (5)</p>	<p><u>Choose 1 Entrée</u> French Toast Sticks (37) w/ 2 Sausage Patties (3)</p> <p>Homemade Grilled Cheese (34)</p> <p>WG Uncrustable PBJ (35) w/ Cheez-Its (14) & Cheese stick (2)</p> <p><u>Side Item</u> Crispy Hashbrowns (31) Caesar Salad (5) Veggie Nibbles (5)</p>	<p><u>Choose 1 Entrée</u> Pepper Jack Enchiladas (18)</p> <p>Corn Dog (30)</p> <p>Mini Chef w/ Ham (4) w/ WG Roll (32)</p> <p>WG Uncrustable PBJ (32) w/ Cheez-Its (14) & Cheese stick (1)</p> <p><u>Side Item</u> Bush's Black Beans (30) California Blend Mixed Vegetables (5) Garden Salad (2) Baby Carrots (5)</p>	<p><u>Choose 1 Entrée</u> WG RF Fritos (16) Chips, Chili & Cheese (26)</p> <p>Turkey & Cheese (2) on WG Bun (27) w/ RF Doritos (20)</p> <p>WG Uncrustable PBJ(32) w/ Cheez-Its(14) & Cheese Stick(1)</p> <p><u>Side Item</u> Green Beans (4) Garden Salad (2) Veggie Nibbles (5)</p> <p><u>Dessert</u> Chocolate Chip or Sugar Cookie (18)</p>	<p><i>Student Holiday</i></p>